WORK VAPOR

Job Link: https://workvapor.in/jobs/online-fitness-trainer-hiring-work-from-home/

ONLINE FITNESS TRAINER HIRING – WORK FROM HOME

BASE SALARY

INR 5000 - INR 10000

HIRING ORGANIZATION

Ayurmaya

EMPLOYMENT TYPE

Full-time

JOB LOCATION

Goa, India

? Remote work from: India

DESCRIPTION

Job Role: Online Fitness Trainer / Personal Trainer

Company & Job Details

Company: Ayurmaya
Location: Tenkasi
Work Mode: Remote / Work from Home
Salary: From ?5,000 per month
Job Type: Online Fitness Training
Program: Ayur Fit & Shape
Target Audience: Women

Contact Details

Call / WhatsApp: 9381916171

Ayurmaya is hiring an energetic Online Fitness Trainer for its Ayur Fit & Shape program. The trainer will help women lose weight, improve fitness and achieve their body-shaping goals through online workout sessions.

Main Responsibilities

- Conduct live online workout sessions.
- Guide clients through floor and bodyweight exercises.
- Prepare simple workouts for beginners.
- Plan exercises using bodyweight and basic equipment like dumbbells.
- Help clients improve strength, stamina and flexibility.
- Track fitness progress and motivate clients.

- Adjust workouts according to individual fitness levels.

Requirements

- Good knowledge of fitness and workout training.
- Ability to guide beginners.
- Good communication and motivation skills.
- Certified Fitness Trainer status will be asked during application.

Salary & Benefits

- Starting salary: ?5,000 per month.
- Work from home.
- Flexible working schedule.

How to Apply

Interested candidates can call or WhatsApp Ayurmaya at 9381916171.